



National
Guidance

Young People Check List

- I know who will be responsible for me on the journey.
- I know who will be responsible for me during the visit.
- I know how to contact and alert the group leader if I am not happy.
- I know what to do if I get lost.
- I know what is expected of me with regards to my behaviour and the implications of agreeing to the Code of Conduct for the visit.
- I understand all necessary road safety issues.
- I have been told about any restrictions regarding bringing or using my mobile phone or other electronic devices; taking pictures; internet access; and using games, music, films, DVDs etc.

For a residential visit:

- I know the address and telephone number of where I will be staying.
- My parents/guardian have been given this information.
- I know where I will be sleeping and whether I am expected to share a bedroom.

For a visit abroad:

- I know of any limitations on what I can purchase and take through customs.
- I know whether I need a valid passport, and have checked that I have one.
- I know about any significant legal and cultural differences in the countries I will visit that will require me to change my normal behaviours.

